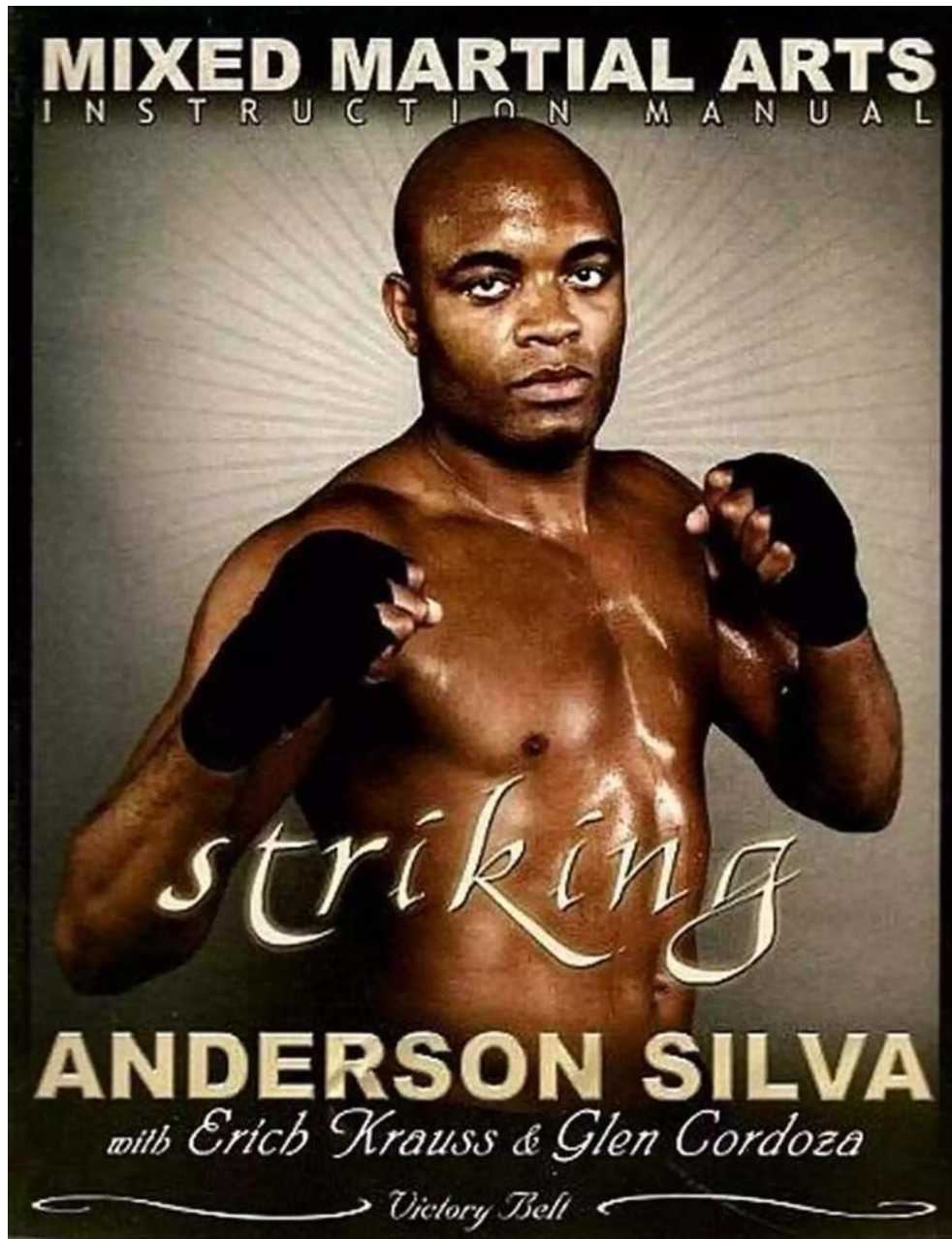


## Primitives Erich Krauss - Rediscovering Authentic Martial Arts



When it comes to martial arts, many people immediately think about the well-known disciplines such as karate, kung fu, or taekwondo. However, there is a fascinating realm of martial arts that often remains hidden from

public attention, referred to as Primitives. One individual who has been dedicating his life to studying and reviving these ancient forms of combat is Erich Krauss.

## The Primitives Philosophy

Erich Krauss, a renowned martial artist and author, firmly believes that Primitives represent the purest and most authentic martial arts systems ever created. These disciplines were developed by ancient cultures for self-defense and combat, and they embody principles rooted in deep cultural traditions.



### **Primitives** by Erich Krauss(Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English  
File size : 10697 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 373 pages

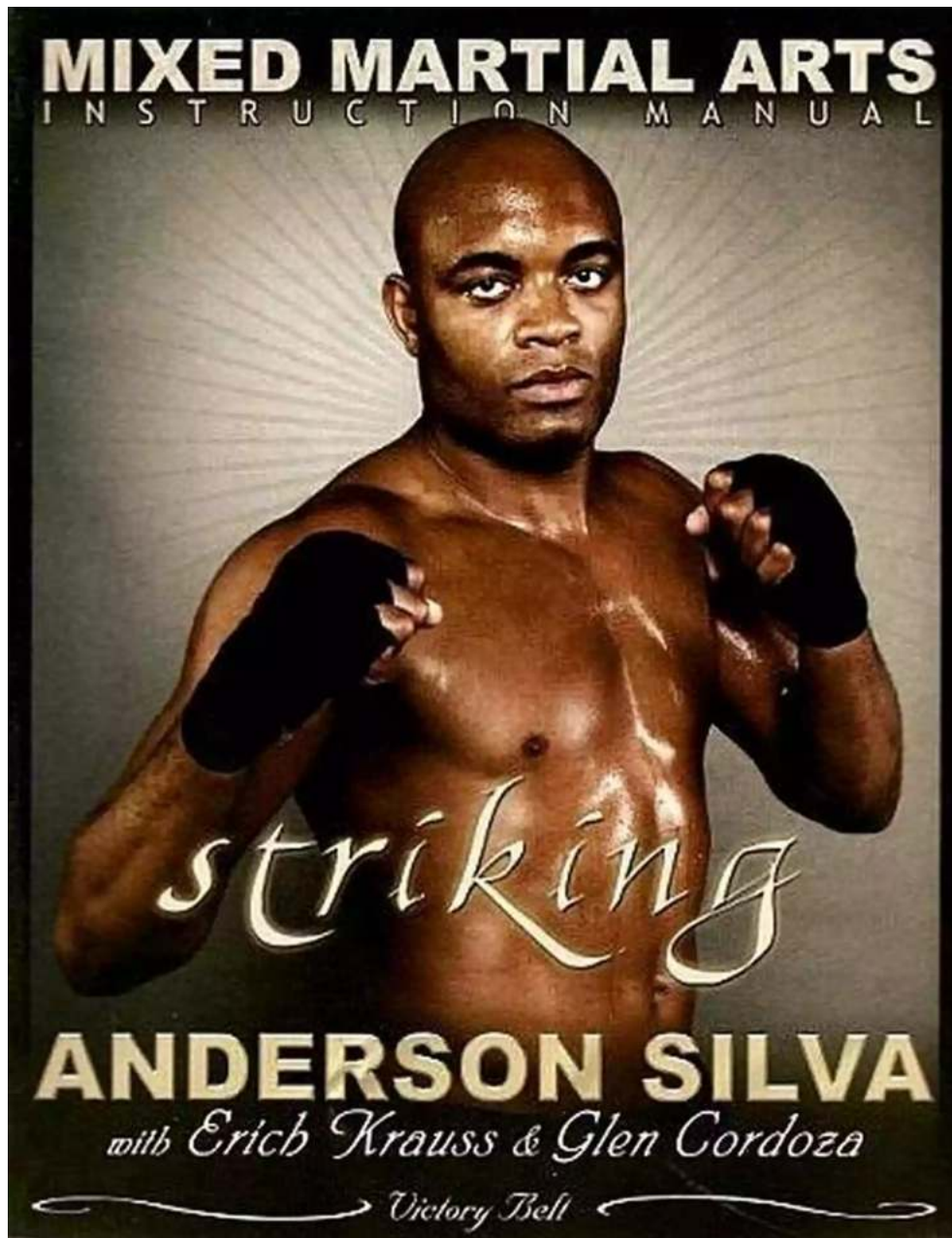


Primitives encompass a wide range of martial arts styles practiced by various tribes and civilizations around the world. These styles incorporate a blend of unique techniques, using punches, kicks, grappling, and weapon-based combat. The emphasis lies on efficiency, adaptability, and fluidity, as opposed to flashy and acrobatic maneuvers.

## The Life of Erich Krauss

As a lifelong martial artist and historian, Erich Krauss has dedicated decades to uncovering and reviving the ancient martial arts forms that constitute the Primitives. With a background in multiple traditional martial arts disciplines, Krauss has trained with martial arts masters and studied historical texts to deepen his understanding of Primitives.

Throughout his journey, Erich Krauss has traveled to remote corners of the world, exploring tribal communities and engaging with practitioners of forgotten martial arts styles. He has documented his discoveries through books, articles, and seminars, aiming to share the wealth of knowledge he has gained with martial arts enthusiasts worldwide.



## Rediscovering the Lost Arts

One of the primary goals of Erich Krauss is to unveil the lost arts within the Primitives and help preserve their authenticity. He stresses the importance of understanding these ancient disciplines in their original context, as they were designed to be effective combat systems in their respective cultures.

With modernization and globalization, many traditional martial arts styles have evolved and adapted to suit contemporary expectations and emphasize sportive aspects. Erich Krauss aims to take practitioners back to the roots of martial arts, helping them explore the rich cultural heritage that these Primitives represent.

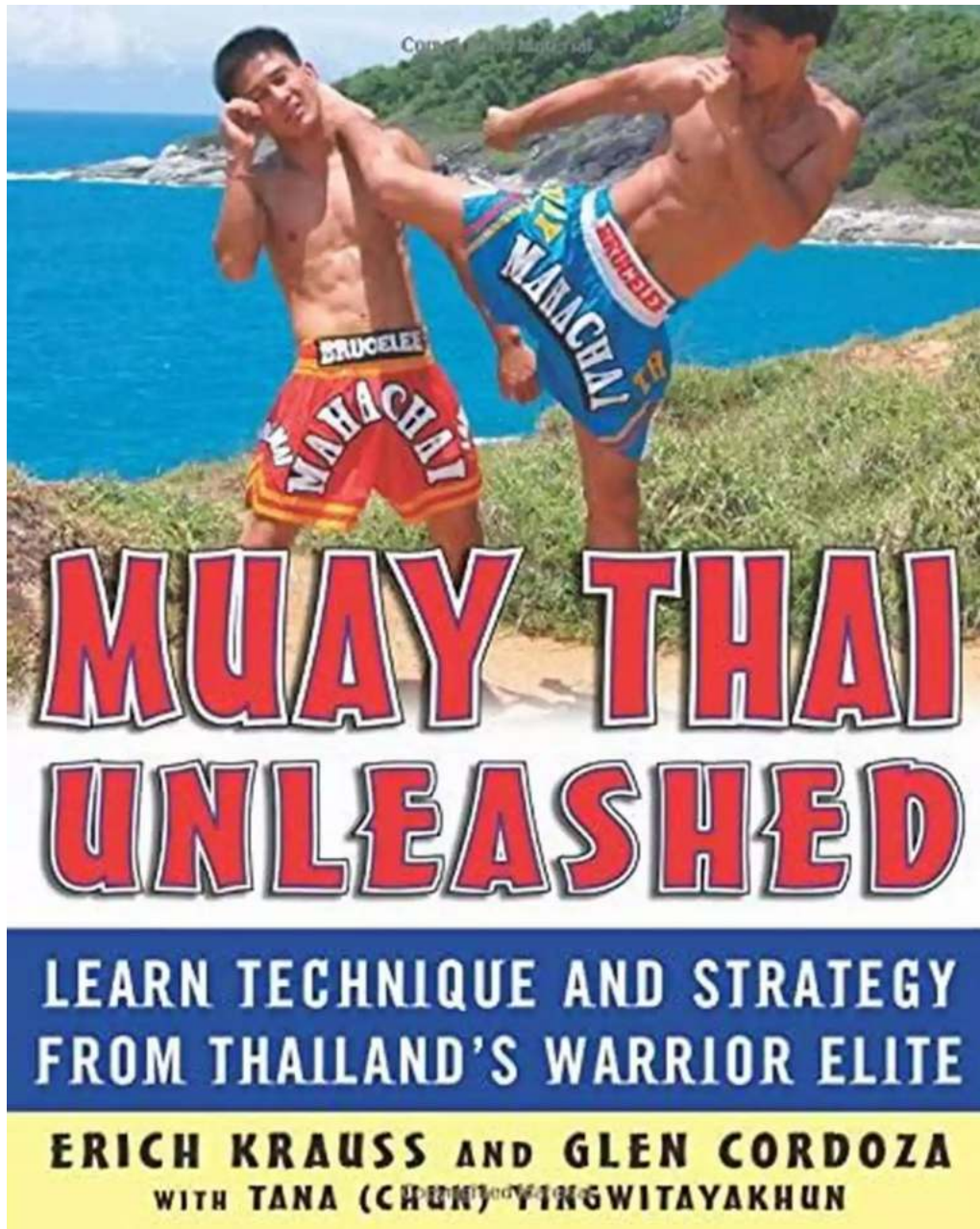
## **Martial Arts for Everyone**

It is crucial to note that Primitives are not exclusively reserved for experienced martial artists. Erich Krauss firmly believes that these ancient martial arts can offer something for everyone, regardless of their background or proficiency level. From self-defense applications to promoting physical health and mental well-being, Primitives have a lot to offer individuals seeking personal growth through martial arts.

## **The Legacy of Erich Krauss**

Through his dedication, Erich Krauss has not only revived forgotten martial arts styles but also paved the way for future generations to appreciate and explore Primitives. His books, including "Discovering Primitives" and "Journey to the Origins," have become revered resources within the martial arts community, providing valuable insights into these ancient disciplines.





Moreover, Erich Krauss continues to organize seminars and workshops worldwide, where he shares his knowledge and allows practitioners to experience the essence of the Primitives firsthand. His passion for martial arts and his commitment to preserving authentic traditions have positioned him as a respected figure within the global martial arts community.

Erich Krauss is a true pioneer in the world of martial arts, dedicated to rediscovering and reviving the ancient Primitives. Through his extensive research and training, he has uncovered valuable insights into these forgotten combat systems, sharing them with enthusiasts around the world. Erich Krauss's work serves as a reminder of the rich cultural heritage embedded in traditional martial arts and the limitless potential they hold for personal growth and self-discovery.



**Primitives** by Erich Krauss(Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English  
File size : 10697 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 373 pages



From New York Times bestselling author Erich Krauss comes *Primitives*, the story of two unlikely heroes thrust into a post-apocalyptic mission to restore humanity.

Named as "One of The 19 best science fiction books of 2022 ..."  
-Business Insider

“*Primitives* easily earns a score of 4 out of 4 for its thrilling adventure and masterful storytelling. It would most appeal to fans of science fiction looking for a gritty, fascinating, post-apocalyptic world and a daring adventure. As for me, it has been a very long time since a book has grabbed me the way

this one did, and I can see myself reading it again and again. Primitives has earned itself a permanent place on my bookshelf.”

- OnlineBookClub

"This plotline.....unfolds with enough twists and turns to keep readers invested, and the satisfying ending will have readers curious about what Krauss does next."

-Publisher's Weekly

Thirty years after The Great Fatigue infected the globe—and the treatment regressed most of the human race to a primitive state—Seth Keller makes a gruesome discovery in his adoptive father’s makeshift lab. This revelation forces him to leave the safety of his desert home and the only other person left in the world...at least, as far as he knows.

Three thousand miles away in the jungles of Costa Rica, Sarah Peoples has made her own discovery—just as horrific, and just as life-changing. It will take her far from the fledgling colony of New Haven, yet never out of reach of its ruthless authoritarian leader.

On separate journeys a world apart, Seth and Sarah find themselves swept up in a deadly race to save humankind. Their fates will come crashing together in an epic struggle between good and evil, where the differences aren’t always clear. Among the grim realities of civilization’s demise, they discover that the remaining survivors may pose an even greater threat than the abominations they were taught to fear.

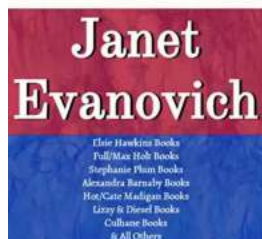
Fighting for their lives, they’re confronted with a haunting question.



Does humanity deserve to survive?

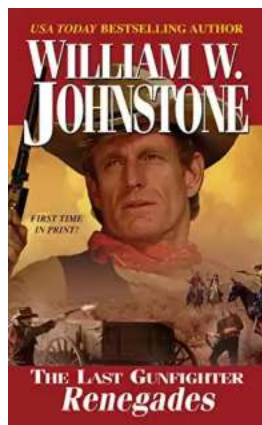
Primitives, the first book of this saga, is a tale of bravery and self-discovery found in the ruins of a dying world, where the darkest sides of human nature are revealed.

## List Series



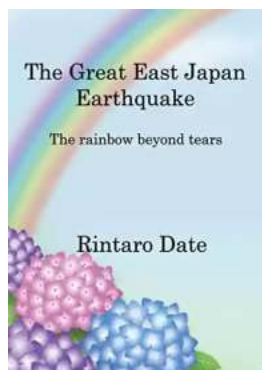
## Unveiling the Intriguing World of Stephanie Plum, Kate Hare, Nicolas Fox, Elsie Hawkins, Alexandra Barnaby, and Lizzie

Chapter 1: Stephanie Plum – An Unforgettable Heroine Stephanie Plum is a force to be reckoned with. She's a sassy, juggling bounty hunter with a knack for...



## Renegades: The Last Gunfighter 12 - A Heart-Pounding Western Adventure

Get ready for an action-packed ride as we dive into the thrilling world of Renegades: The Last Gunfighter 12, the latest installment in this gripping western saga. Packed...



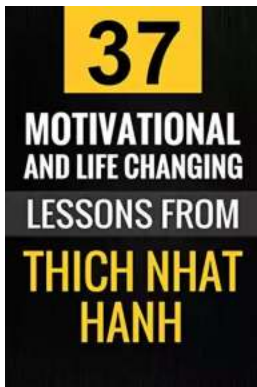
## The Rainbow Beyond Tears - A Journey of Healing

Have you ever wondered what lies beyond tears? The Rainbow Beyond Tears is a captivating journey that takes us through the realms of healing from pain and embracing...



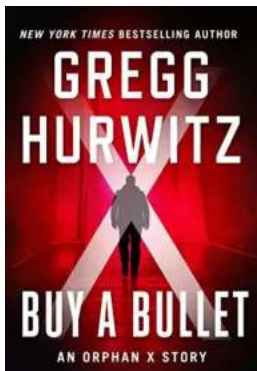
## **Unveiling the Secrets Beneath the Tell Tale Sky: A Journey through the Unknown**

Have you ever looked up at the sky and wondered about the hidden mysteries it holds? What lies beyond those twinkling stars? Under the Tell Tale Sky, a world of enchantment...



## **37 Motivational And Life Changing Lessons From Thich Nhat Hanh**

Thich Nhat Hanh is a renowned Zen master, poet, peace activist, and influential spiritual leader. His teachings have touched the hearts and minds of millions around the...



## **Buy Bullet: An Orphan Short Story**

Are you ready to embark on a gripping journey filled with emotion, struggle, and ultimately, redemption? Look no further than "Bullet: An Orphan Short Story," a mesmerizing...



## **Albion Dark Long Poem: An Enchanting Journey into the Depths of Mystery and Meaning**

Are you ready to immerse yourself in a captivating literary experience? Look no further than the Albion Dark Long Poem, a work of art that takes you on an enchanting...



## The Hostile Trail Matt Slaughter: A Captivating Journey Through Suspense and Intrigue

Are you ready to embark on a thrilling adventure filled with mystery, danger, and unexpected twists? Look no further than The Hostile Trail, a mesmerizing novel by acclaimed...