

7 Simple Steps to Delete Your Facebook Account and Block It on Your Computer

Facebook has become an integral part of our lives, connecting us with friends, family, and the world. However, there might come a time when you decide to take a break from the social media platform or delete your Facebook account permanently. Whatever your reason may be, this comprehensive guide will walk you through the process of deleting your Facebook account and blocking it on your computer. So, let's dive in!

Step 1: Backup Your Data

Before you proceed with deleting your Facebook account, it's crucial to backup your data to ensure you don't lose any valuable information. Facebook allows you to download a copy of your data, including photos, videos, messages, and posts. To back up your data, follow these steps:

1. Log in to your Facebook account.
2. Click on the down arrow in the top right corner and select "Settings & Privacy".
3. In the left-hand column, click on "Your Facebook Information".
4. Click on "Download Your Information".
5. Select the data you want to include in your backup and choose the desired format and quality.
6. Click on "Create File" to initiate the download.

Step 2: Permanently Delete Your Facebook Account

Once you have your data backed up, you can proceed with permanently deleting your Facebook account. Follow these steps:



How to Delete Your Facebook and Block It On Your Computer

by Vintage Visage(Kindle Edition)

★★★★☆ 4 out of 5

Language : English
File size : 84 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 3 pages
Lending : Enabled



1. Visit the Facebook account deletion page in your web browser.
2. Click on "Delete Account".
3. Provide your password and complete the security verification process.
4. Click on "Continue" to proceed with the deletion process.
5. It's worth noting that once your account is deleted, you won't be able to retrieve it. Therefore, make sure you are certain about your decision before proceeding.

Step 3: Block Facebook on Your Computer

If you want to go a step further and block Facebook to prevent yourself from accessing it in the future, follow these steps to block it on your computer:

For Windows Users

1. Open the File Explorer on your computer (shortcut: Windows key + E).
2. Navigate to the following folder: C:\Windows\System32\drivers\etc.
3. Locate the "hosts" file and open it with a text editor like Notepad.
4. Add the following line at the end of the file: "127.0.0.1
www.facebook.com".
5. Save the changes and close the file.
6. Now, whenever you try to access Facebook in your browser, you'll be redirected to a local IP address, effectively blocking the website.

For Mac Users

1. Open the "Terminal" application on your Mac.
2. Enter the following command without quotes: "sudo nano /etc/hosts".
3. Provide your administrator password when prompted.
4. Locate the line that starts with "127.0.0.1" and add "www.facebook.com" at the end.
5. Press "Control + O", then "Enter" to save the changes.
6. Press "Control + X" to exit the text editor.
7. The changes will take effect immediately and block Facebook on your Mac.

Step 4: Clear Your Browser Cache and Cookies

To ensure that any remaining traces of Facebook are removed from your computer, it's important to clear your browser cache and cookies. Here's

how you can do it:

1. Open your browser settings.
2. Navigate to the privacy or history section.
3. Click on "Clear browsing data" or a similar option.
4. Select the option to clear cache and cookies.
5. Choose the appropriate time range for the deletion.
6. Click on "Clear data" to remove the cache and cookies.

Step 5: Install a Website Blocker Extension

If you want an extra layer of security to prevent accidentally accessing Facebook, you can install a website blocker extension on your browser. These extensions allow you to block specific websites, effectively preventing you from visiting them. Some popular browser extensions for website blocking include "StayFocusd" for Google Chrome and "LeechBlock" for Mozilla Firefox. Install your preferred extension and set it up to block Facebook.

Step 6: Find Alternative Ways to Stay Connected

Deleting your Facebook account doesn't mean disconnecting from the world. There are numerous alternative ways to stay in touch with your loved ones and keep up with current events. Consider joining other social media platforms like Twitter or Instagram. Explore messaging apps such as WhatsApp or Signal. You can also go old-fashioned and pick up the phone to call or meet people in person.

Step 7: Embrace Your Digital Detox

Now that you've successfully deleted your Facebook account and taken measures to block it on your computer, it's time to embrace your digital detox. Use the newfound time and energy for self-reflection, pursuing your hobbies, or engaging in activities that bring you joy. Disconnecting from social media can have a positive impact on your mental well-being and overall productivity.

Deleting your Facebook account and blocking it on your computer is a personal choice, and this guide provides you with the necessary steps to do so. Remember to think through your decision and consider whether a break or permanent deletion is suitable for you. By taking action, you regain control over your digital life and open yourself up to new possibilities.



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Here it is. Short, simple, and honest. Unlike Facebook. Step by step instructions on how to delete/deactivate your Facebook and block the website from your computer (if you don't trust yourself not to visit the site or you just happen to be feeling vindictive).

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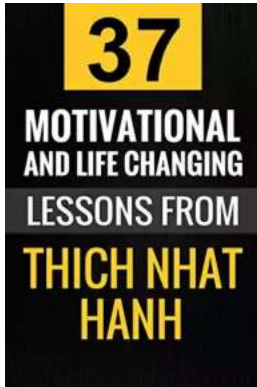
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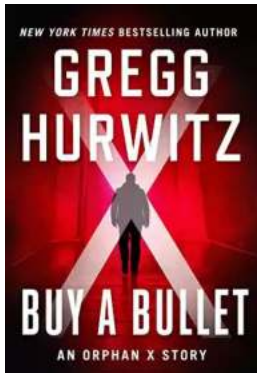
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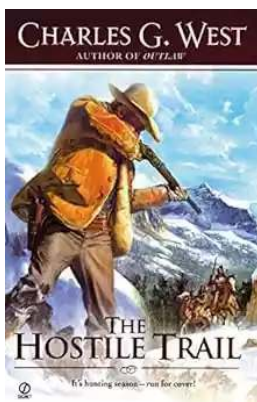
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